

s11.6 INDOOR CYCLE CHAIN DRIVE SYSTEM

MODEL # **FMEX91212**

A man and a woman are shown from the waist up, riding indoor exercise bikes in a gym setting. The man is on the left, wearing a grey tank top and dark pants, looking forward with a focused expression. The woman is on the right, wearing a red tank top and dark pants, also looking forward. The background is a bright, modern gym with large windows.

CARDIO INDOOR CYCLE

It's more than how you feel while you're on the bike, but how you feel when you get off. The FreeMotion s11.6 Indoor Cycle has been created with the highest biomechanics and engineering in mind to create a "real road" experience that motivates the rider to press forward – and harder. The chain drive and friction resistance system activate muscle mass and calorie burn that continue to last even when the ride is over.



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SPECIFICATIONS

Drive System	Chain Drive
Resistance System	Friction
Pedal	Dual-Sided with SPD
Assembly Hardware	Stainless Steel
Frame	Steel Frame with Enhanced Corrosion Resistance
System Inertia	High Inertia
Flywheel	Cast Iron with Aluminum Outer Ring
Pop-Pin	Stainless Steel
Fore/Aft Adjustment	Handlebars and Seat
Other	Transport Wheels, 2 Integrated Bottle Holders
User Weight Capacity	350 lbs. (159 kgs)
Dimensions (LxWxH)	50 x 20 x 48 in (127 x 51 x 122 cm)

WARRANTY

15-Year Frame | 3-Year Parts | 1-Year Labor | 6-Month Wear Items

FEATURES

- 1 COMFORTABLE, ADJUSTABLE SADDLE**
Ergonomically-designed velo padded saddle offers both pressure relief and support for the ultimate in user comfort.
- 2 CHAIN DRIVE**
This Chain Drive System delivers the same realistic and smooth outdoor-ride feel you would experience cycling outdoors.
- 3 STEEL FRAME**
The s11.6 Indoor Cycle frame features a commercial-grade, welded steel frame with enhanced corrosion resistance, and electro deposit coating.
- 4 STANDARD TOE CLIP WITH STRAP**
Ergonomically designed to keep shoes in place, this pedal features a standard toe clip with adjustable strap.
- 5 QUICK-STOP BRAKE**
Conveniently incorporated, the quick-stop brake is within easy reach.
- 6 FRICTION RESISTANCE**
Featuring a single felt composite brake pad, this friction resistance system requires less maintenance over time than other systems with two pads. For a smoother, more consistent performance, the brake pad is positioned at the perimeter of the flywheel.
- 7 HIGH-INERTIA, CASTIRON FLYWHEEL**
With the weight on the outer edge, the S Series flywheel contributes to a high inertia system, which delivers a smoother riding experience.

OPTIONAL | Console and Power-Sensing Crank Arm (FMPW17)